# Medicaid For Anyone



**Summer 2022** 

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# 1. FINANCIAL BENEFITS UTILIZING MEDICAID

By Jack Lippmann

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Suppose an elderly or disabled person saved approximately \$200,000 in their life time and now requires assistance at home (home care services), approximately twelve (12) hours per day, seven (7) days a week. If they hire a licensed home care agency it could cost them approximately \$25 per hour and sometimes more depending on their needs. Let us do the math: \$25 per hour times 12 hours equals \$300 per day and if we multiply \$300 by 30 days the elderly or disabled person will be spending approximately \$9,000 a month. At this rate in less than two (2) years this individual is impoverished and if this individual does not have a rich uncle who is willing to pay for the private home care services this individual will have no choice but to utilize Medicaid even if they never wished to join the program; however, sadly at that point in time they would have depleted all of their savings.

Consider the following facts:

Why would any elderly or disabled person wish to spenddown all of their life savings prior to applying for Medicaid medical assistance when they can protect all of their assets and still apply for Medicaid services; It's both inconceivable and unimaginable to disregard – we recommend you explore all of your options early not late.

# 2. PROTECTING THE INCOME

In 2022 Medicaid allows Community Medicaid applicants a monthly income of \$934 plus any amount paid towards supplemental health insurance. Any amount above the allowance is considered surplus income and that amount Medicaid would require the applicant to surrender on a monthly basis unless they protect it.

How do applicants protect their surplus income from Medicaid?

Applicants are allowed to pay for their supplemental health insurance if they wished to do so. Reason applicants would wish to keep their supplemental health insurance in addition to Medicare. Some physicians do not participate in the Medicaid program and therefore it's critical that the applicant keep their supplemental insurance.

"In 2022 Medicaid allows Community Medicaid applicants an allowance of \$934". "starting October 1, 2022 all applicants will have a two and one-half (2.5) years of lookback".



Jack Lippmann, President of Elder Care Services, Inc., Medicaid Professional and Consultant with over 28 years of Medicaid eligibility experience.

# 3. PROTECTING LIFE SAVINGS RE: COMMUNITY MEDICAID

NYS Medicaid has passed a law regarding Community Medicaid eligibility and the transfer of assets regulations.

Presently and until September 30, 2022 an applicant can transfer assets one month and become eligible the very next month; however, starting October 1, 2022 all applicants will have a two and one-half (2.5) years of look-back. Any assets transferred during the look-back period will result in a disqualification period.

That means the applicant will have to pay privately until the disqualification period is ends.

Why wait? If you know that your loved ones will need assistance in a year or so, have them apply now and avoid the new regulation.

# 4. NYS 2022 MEDICAID REGIONAL RATES

### New York City \$13,415

Bronx, Kings (Brooklyn), New York (Manhattan), Queens, and Richmond (Staten Island).

#### Central \$11,328

Broome, Cayuga, Chenango, Cortland, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, St. Lawrence, Tioga and Tompkins.

#### Northern Metropolitan \$13,399

Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster and Westchester.

#### Northeastern \$12,560

Albany, Clinton, Columbia, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington.

Long Island \$14,012

Nassau and Suffolk.

#### Western \$11,884

Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming.

#### Rochester \$13,376

Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Wayne and Yates.

# 5. 2022 MEDICAID INCOME & RESOURCE LEVELS

Basic numbers for applicable Medicaid recipients and their spouses:

Home Care Medicaid: Allowed Resource level: \$ 16,800.00

Income: \$ 934.00

Nursing Home Medicaid: Allowed Resource level: \$ 16,800.00

Income: \$ 50.00

Supplemental Security Income (SSI), Resource level: \$ 2,000.00

Maximum federal Community Spouse Resource Allowance: \$ 137,400.00

Community Spouse Minimum Monthly

Maintenance Needs Allowance (MMMNA): \$ 3,435.00

Home Equity limit: \$ 955,000.00



Income & Resources

#### Protecting your Income continued from page 1

If there are no specialist(s) issues, applicants can surrender their supplemental health insurance and enroll in a Medicare Advantage Program; however, they have to understand that Medicare Advantage is an HMO and the members belong to a network with a primary physician.

One example is to pay for supplement health insurance; however, today an average senior earns much more than \$934 and even if they pay for their supplemental health insurance it still leaves them with a surplus. That means Medicaid would expect applicants to surrender the surplus (the amount over \$934 and their health insurance payments), unless applicants join a Medicaid approved pooled income trust.



## How does a Pooled Income Trust assist applicants?

Applicants deposit their monthly surplus income in the pooled income trust. Surplus Income is the amount above the \$934 Medicaid allows. Example: applicant's income is \$3,184 per month, they are allowed to deduct their supplemental health insurance in this case \$250 plus the \$934 they're allowed and the remainder \$2,000 is the surplus which must be deposited in a Medicaid approved pooled income trust. The uniqueness of the pooled income trust is that it allows applicants to use the money to pay their bills. The pooled income trust can only be used to pay applicant's bills.

Utilizing a Medicaid approved pooled income trust allows applicants the ability to live in the community and use their surplus income to pay for their personal bills, such as, rent, telephone, cable, credit cards, leases, etc.

"Applicant's income is \$3,184 per month, \$250 they pay their supplemental health insurance, \$934 they keep and the surplus of \$2,000 must be deposited in a Medicaid approved pooled income trust".

# 6. PROTECTING THE HOME

The Home or Primary Residence is an exempt asset when applying for Medicaid medical assistance providing the equity in the home is less than \$955,000; however, if the home or primary residence is not protected properly Medicaid can reach out and secure their expenses from the proceeds of the home or primary residence at a later date.

That being said, there are several transfers of the home or primary residence which would not create a disqualification period and are actually considered exempt transfers:

- 1) to a spouse;
- 2) to a child under 21, or disabled, or blind;
- 3) to a brother or sister who have an equity interest in the home and have lived in the home for at least one (1) year prior to applicant's nursing home admission; and
- 4) to a child who cared for his/her parent, and lived with the parent at their home for a period of at least two (2) years prior to parent institutionalization.

Doing nothing or neglecting to transfer the home of a Medicaid recipient, before the rule changes, may have negative and unwelcomed results at a later date. Fundamentally, when a single person passes away their primary residence, home, condominium or cooperative apartment falls into their estate, and before the Executor of their estate distributes the property they will need to settle any lien imposed by Medicaid as a creditor.

**Community Medicaid** with the new rule fast approaching applicants can transfer their homes prior to April 1, 2022 and they will not incur a disqualification period.

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#### The Care:

A big misconception that worries many, is the care. Some are under the impression that when applying for government assistance the care is less than the private pay care one would receive. This conception is totally wrong! Medicaid does not have home-attendants or nursing homes, they simply pay the private sector which the applicant chooses to use. Either home care agencies or the nursing home of their choice.

#### One alternative of many:

Many individuals wishing to keep their resources and receive home care services or nursing home care are encouraged to check Long Term Care Insurances, when they are preparing their estate planning. There are several insurance providers in NYS with several alternatives allowing applicants the ability to retain some or all of their assets and at the same time receive government medical assistance at home or nursing homes.

#### **Overview:**

Medicaid eligibility is possible for "Anyone" who is willing to comply with Medicaid's rules and regulations. With proper and professional assistance elderly and/or disabled applicants can achieve Medicaid eligibility and receive Medicaid medical assistance, while at the same time protect their income, life savings, and homes.

- Why miss out on some or fulltime assistance at your own home?
- Why miss out on Day Care Programs?
- Why miss out on the nursing home of your choice?
- Why miss out on what is owed to you?

We at Elder Care Services, Inc., strive to reach and achieve these goals, by offering the elderly and disabled the ability to tap into such programs.

More importantly, with over 28 years of experience dealing with Medicaid, Jack Lippmann of Elder Care Services, Inc., offers clients the ease of mind dealing with the bureaucratic system, 100% assistance with Medicaid eligibility, Medicaid acceptance, choosing an MLTC, and if need be assistance with either Assisted Living or Nursing Homes placement.